

WARRAGAMBA PUBLIC CANTEEN MENU

To comply with the NSW healthy school canteen strategy we have pointed out for you EVERYDAY foods and OCCASSIONAL foods below

EVERYDAY :

Boiled egg	\$1.00
Fried rice	\$3.50
Corn cups (warm)	\$2.50
Corn cob	\$1.60
Mac & Cheese	\$4.00
Garlic bread	\$1.60
Sandwiches;	
Cheese	\$2.00
Ham & cheese	\$2.60
Tuna & lettuce	\$3.00
Jam or Vegemite	\$1.80
Chicken,lett,mayo	\$4.20
Egg and lettuce	\$2.80
Wraps;	
Ham & cheese	\$3.20
Salad box	\$4.20

DRINKS:

Water 350ml	\$1.40
Poppers	\$1.60
(apple or blackcurrant)	
Glee	\$2.20
Flavoured water	\$2.00
(fruit tingle)	
Flavoured milk	\$2.00
(choc or strawberry)	

SNACKS:

Fresh fruit pieces	\$1.00
choc moose	\$1.00
Popcorn	\$1.00
Fruit cups	\$2.00
Jelly cups	\$1.00
chicken J.Js	\$1.00
custard cups	\$1.60
Yogurt cups	\$2.00

CRUNCH AND SIP PACK \$2.20

Bottle water + piece of fruit

OR

Bottle water + cucumber & carrot sticks

FROZEN TREATS:

Zoopa doopa	\$0.50
Moosies	\$1.50
Frozen pineapple	\$0.40per slice
Frozen yogurt	\$2.00
Frozen juice cup	\$1.00
Mini Callipo	\$1.00
Lemonade twist	\$1.00

RECESS ONLY;

Cheesy pizza slice	\$0.50
pikelets 2 pieces	\$1.00

WEDNESDAY ONLY

Burgers: chicken, cheese or beef (beef patty home made)	\$4.00
Chicken tenders	\$1.50
Hash browns	\$1.00

THURSDAYS ONLY

Pizza singles	\$2.80
Pizza rounda	\$3.00
Home made pasta bolognaise	\$4.00

FRIDAYS ONLY

Wraps: Chicken tender or Roasted chicken	\$4.00
Party pies or S/Rolls	\$1.10
Nuggets with sauce	\$4.00
6 Pack	\$2.30
3 Pack	

Menu has been approved by NSW HEALTHY CANTEEN health promotion officer.